

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 1ST YEAR (ANNUAL) - NOVEMBER 2025

SUBJECT : BEHAVIOURAL SCIENCE

TIME : 3 HRS.

M.M. : 75

Attempt all the questions in serial order:

Q.1. Define any 5 of the following terms :-

- | | | |
|---------------|-----------------|----------------|
| a) Reasoning | b) Thinking | c) Frustration |
| d) Perception | e) Social Group | f) Motivation |

(2x5=10)

Q.2. a) Define Personality.

b) Importance of knowledge of Personality in detail for a Nurse.

c) Write in detail different types of Personalities with characteristics.

(2+5+8=15)

Q.3. a) Define Family.

b) Write characteristics and types of family.

c) Write in detail about family cycle, basic needs of a family and functions of family.

(2+5+8=15)

Q.4. a) Define Learning.

b) Write about nature and types of learning.

c) Write in detail about laws of learning and various factors affecting learning.

(2+5+8=15)

Q.5. Write short notes on the following (any 4) :-

- | | |
|-------------------|--------------------|
| a) Conflicts | b) Habits |
| c) Attitude | d) Problem solving |
| e) Drug Addiction | |

(5x4=20)

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 1ST YEAR (ANNUAL) - NOVEMBER 2025

SUBJECT: BIO SCIENCES

TIME : 3 HRS.

M.M. : 75

Attempt all questions in serial order.

Q1. Define **any five** of the following terms:

- | | | |
|------------------|-----------------------|---------------------|
| a) Culture Media | (b) Specimen | (c) Veins |
| d) Lymph Node | (e) White Blood cells | (f) Menstrual cycle |

(2x5=10)

Q2. a) Define immunity. Write types of immunity in detail.

b) Write difference in active and passive immunity.

c) Mechanism of Blood clotting.

(5x3=15)

Q3. Explain the following (**any three**) :-

a) Bio medical waste management b) Mechanism of breathing

c) Cross Infection d) Types of Bones

(5x3=15)

Q4. a) Define Infection. Write various types and sources of infection.

b) What are Nosocomial Infections and what is the role of nurse in prevention of Nosocomial Infections.

(5+5=10)

Q5. Write short notes on **any five** of the following:-

a) Blood Pressure and Pulse b) Sterilization and disinfection

c) Pituitary gland d) Functions of small intestine

e) Functions of skin f) Dialysis

(5x5=25)

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 1ST YEAR (ANNUAL) - NOVEMBER 2025

SUBJECT : COMMUNITY HEALTH NURSING - I

TIME : 3 HRS.

M.M. : 75

Attempt all the questions in serial order:

Q.1. Define any 5 of the following terms :-

- | | | |
|---------------|--------------------|---------|
| a) Cold Chain | b) Body Mass Index | c) MMR |
| d) WHO | e) Pasteurization | f) ASHA |

(2x5=10)

- Q.2. a) Define term housing.
b) Write about characteristics of good housing.
c) Write in detail about types of housing, effects of good housing, lighting and ventilation on health.

(2+5+8=15)

- Q.3. a) Define Bag technique.
b) Write purposes and principals of home visiting.
c) Write in detail about care given by community health nurse during home visits using bag technique.

(2+5+8=15)

- Q.4. a) Define Vitamins.
b) Write Types, uses and names of different Vitamins.
c) Write in detail sources and deficiency diseases caused by different Vitamins.

(2+5+8=15)

Q.5. Write short notes on the following (any 4) :-

- | | |
|---------------------------------------|-----------------------------------|
| a) Food allergy and effects on health | b) Disinfection and Sterilization |
| c) Family Planning | d) Family Health Records |
| e) Air Pollution | |

(5x4=20)

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 1ST YEAR (ANNUAL) - NOVEMBER 2025

SUBJECT : NURSING FOUNDATIONS

TIME : 3 HRS.

M.M. : 75

Attempt all the questions in serial order:

Q.1. Define any 5 of the following terms :-

- | | | |
|-----------|----------------|-------------|
| a) Apnea | b) Diarrhea | c) Asphyxia |
| d) Ethics | e) Vital signs | f) Cyanosis |

(2x5=10)

Q.2. Write Nursing care of any 3 of the following :-

- a) Nursing care in a patient with Poisoning
- b) Nursing care in Burns
- c) Nursing care in Fractures
- d) Nursing care in Disasters

(5x3=15)

Q.3. a) Write the barriers of Communication.

- b) Nursing care during high fever
- c) Collection of specimens

(5x3=15)

Q.4. a) Write the qualities of Nurse.

- b) Write the functions of hospitals.
- c) Write the responsibilities of a nurse during discharge of patient.

(5x3=15)

Q.5. Write short notes on the following (any 4) :-

- | | |
|-----------------------------------|--------------------------|
| a) Types of beds | b) First aid in drowning |
| c) Types of purposes of bandaging | d) First aid in shock |
| e) Mouth care | |

(5x4=20)