

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 1st YEAR (SUPPLEMENTARY) JULY 2025

SUBJECT: BEHAVIOURAL SCIENCES

TIME : 3 HRS.

M.M. :75

Attempt all the questions in serial order:

Q.1 Define any 5 terms :

- | | |
|---------------|-------------|
| (a) Character | (b) Society |
| (c) Conflict | (d) Habit |
| (e) Stress | (f) Ego |

(2 x 5=10)

- Q.2 (a) Write meaning of term Intelligence.
- (b) Write various ways to assess Intelligence of a person.
- (c) Write in detail individual differences in Intelligence and also nature and development of Intelligence.

(2+5+8 = 15)

- Q.3 (a) Define Reasoning.
- (b) Write Types of Reasoning.
- (c) Write in detail nature of Reasoning and Thinking. Also write importance of creative thinking for a Nurse.

(2+5+8=15)

- Q.4 (a) Define term Attitude.
- (b) Write factors affecting development of attitude and types of different attitudes.
- (c) Write in detail about effect of attitude on behaviour and mental health. Also write importance of Positive attitude for the Nurse.

(2+5+8 = 15)

Q.5 Write short notes on any 4 the following:-

- | | |
|-----------------------|---------------------|
| (a) Basic Human needs | (b) Care of Elderly |
| (c) Frustration | (d) Marriage |
| (e) Personality | |

(5 x 4=20)

PUNJAB NURSES REGISTRATION COUNCIL
EXAMINATION GNM 1ST YEAR (SUPPLEMENTARY) JULY 2025
SUBJECT: BIO SCIENCES

TIME : 3 HRS.

M.M. : 75

Attempt all questions in serial order.

Q1. Define any five of the following terms:

- | | | |
|--------------|-----------|------------------|
| a) Cell | (b) Joint | (c) Microscope |
| d) Breathing | (e) Blood | (f) Sense Organs |

(2 x 5=10)

Q2. Write Functions of any three of the following :-

- | | |
|---------------------|------------|
| a) Digestive System | b) Muscles |
| c) Kidney | d) Heart |

(5 x 3=15)

- Q3. a) Define Tissue.
b) Write various types of tissues in human body.
c) Write two functions of each type of tissue.

(2+5+8=15)

- Q4. a) Define Micro-organisms. Write various types of Micro-organisms.
b) What are the factors affecting growth of Micro-organisms.

(5 + 5=10)

Q5. Write short notes on any five of the following:-

- | | |
|----------------------------|-----------------|
| (a) Menstrual Cycle | b) Blood Groups |
| (c) Collection of specimen | (d) Respiration |
| (e) Endocrine glands | (f) Immunity |

(5 x 5=25)

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 1st YEAR (SUPPLEMENTARY) JULY 2025

SUBJECT : COMMUNITY HEALTH NURSING - I

TIME : 3 HRS.

M.M. : 75

Attempt all the questions in serial order :

Q.1 Define any 5 of the following terms :

- | | |
|------------------|------------------|
| (a) Malnutrition | (b) Adulteration |
| (c) Epidemic | (d) AV Aids |
| (e) Calorie | (f) Infection |

(2 x 5 = 10)

Q.2 (a) Define Cold Chain.

(b) Write about equipment used in Cold Chain.

(c) Write in detail about care and proper handling of Cold Chain and Cold Chain rooms. Where Cold chain equipment is kept.

(2+5+8 = 15)

Q.3 (a) Define Cooking.

(b) Write Methods and Principles of Cooking.

(c) Write in detail effect of cooking on food and importance of safe food handling and health of food handlers.

(2+5+8 = 15)

Q.4 (a) Define Water Pollution and write diseases caused by water pollution.

(b) Write in detail about Typhoid Fever.

(5+5 = 10)

Q.5 Write notes on any 5 of the following :

- | | |
|-------------------------|--------------------|
| (a) Balanced diet | (b) Malaria-Dengue |
| (c) Primary Health Care | (d) Food Storage |
| (e) Family Planning | (f) Pollution |

(5 x 5 = 25)

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 1st YEAR (SUPPLEMENTARY) JULY 2025

SUBJECT :NURSING FOUNDATIONS

TIME : 3 HRS.

M.M. :75

Attempt all the questions in serial order :

Q.1 Define any 5 of the following terms :

- | | |
|-----------------|-----------------|
| (a) PPE | (b) Triage |
| (c) Antibiotic | (d) Drowning |
| (e) Heat Stroke | (f) Tachycardia |

(2 x 5 =10)

Q.2 Write Nursing care of any 3 of the following :-

- (a) Nursing care in foreign body in eye.
- (b) Nursing care in Patient with pain.
- (c) Nursing care in Wounds and bleeding.
- (d) Nursing care in Inhalations and irrigations.

(5 x 3=15)

Q.3 Explain any 3 of the following :-

- | | |
|--------------------------------|-------------------------------|
| (a) Recording and Reporting | (b) Hot and Cold Applications |
| (c) Bed Sores and Nursing Care | (d) Pressure points |

(5 x 3=15)

Q.4 (a) What do you understand from term Universal Precautions? Write Universal Precautions and their uses.

(b) Write Purposes, uses and steps of Hand Washing.

(5+5=10)

Q.5 Write short notes on any 5 of the following :-

- | | |
|----------------------------|----------------------------------|
| (a) First Aid in Fractures | (b) Qualities of a Nurse |
| (c) Comfort Devices | (d) Temperature |
| (e) Holistic Nursing Care | (f) Active and Passive Exercises |

(5 x 5 =25)

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 2ND YEAR (SUPPLEMENTARY) JULY 2025

SUBJECT : CHILD HEALTH NURSING

TIME : 3 HRS.

M.M. :75

Attempt all the questions in serial order :

Q.1 Define any five of the following terms :

- | | |
|---------------------|------------------|
| (a) Jaundice | (b) Incubator |
| (c) Hemophilia | (d) Appendicitis |
| (e) Rheumatic fever | (f) Puberty |

(2 x 5 =10)

Q.2 (a) Define Meningitis.

(b) Write causes and functions of Meningitis.

(c) Write in detail diagnosis treatment and management Meningitis.

(2+5+8 = 15)

Q.3 (a) Define Birth asphyxia.

(b) Write causes and functions of Birth asphyxia.

(c) Write prevention treatment and management of Birth asphyxia.

(2+5+8 = 15)

Q.4 (a) Define Hypothermia.

(b) Write causes and functions of Hypothermia.

(c) Write diagnosis prevention and management of Hypothermia in detail.

(2+5+8 = 15)

Q.5 Write short notes on any four of the following :

- | | |
|------------------------------|-------------------------------------|
| (a) High risk new born | (b) Child labour and its prevention |
| (c) Congenital heart disease | (d) Low Birth weight Baby |
| (e) Mid Day Meal | |

(5 x 4= 20)

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 2ND YEAR (SUPPLEMENTARY) JULY 2025

SUBJECT : MEDICAL SURGICAL NURSING - I

TIME : 3 HRS.

M.M. : 75

Attempt all the questions in serial order:

Q.1. Define any 5 of the following terms :-

- | | | |
|-----------------|----------------|--------------|
| a) Bronchitis | b) Meningitis | c) Glossitis |
| d) Osteoporosis | e) Hydrophobia | f) Anaemia |

(2 x 5=10)

Q.2. a) Define Intracranial Pressure.

b) Write cause, signs and symptoms of raised ICP.

c) Write in detail diagnosis, Medical and nursing management of a patient and raised ICP.

(2+5+8 = 15)

Q.3. Write Nursing Management of any 3 of the following :-

- | | |
|----------------------------------|-----------------------------|
| a) A patient in ICU | b) A patient with Asthma |
| c) A patient undergoing Dialysis | d) A patient with Hepatitis |

(5 x 3=15)

Q.4. Explain :-

a) Cirrhosis of Liver

b) Hyperthyroidism

(5+5=10)

Q.5. Write short notes on the following (any 5) :-

- | | |
|--------------------------------------|-------------------------|
| a) Post operative nursing management | b) Autoclaving |
| c) Diarrhoea | d) Rheumatoid Arthritis |
| e) Donning & Doffing | f) Emergency care |

(5 x 5=25)

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 2ND YEAR (SUPPLEMENTARY) JULY 2025

SUBJECT : MEDICAL SURGICAL NURSING - II

TIME : 3 HRS.

M.M. :75

Attempt all the questions in serial order:

Q.1. Define any 5 of the following terms: -

- | | |
|--------------------|------------------|
| (a) Amputation | (b) Chemotherapy |
| (c) Hypertrophy | (d) Mastitis |
| (e) Varicose veins | (f) Heat stroke |

(5 x 2=10)

Q.2. (a) Define Leukemia.

- (b) Write causes and signs and symptoms of leukemia.
- (c) Write in detail diagnosis and management of leukemia. Also write nursing management of a patient undergoing bone marrow transplantation.

(2+5+8 = 15)

Q.3. (a) Define Hyperthyroidism.

- (b) Write causes and signs and symptoms of hyperthyroidism.
- (c) Write in detail diagnosis and treatment of hyperthyroidism and care of a patient undergoing thyroidectomy.

(2+5+8=15)

Q.4. (a) Write nursing management of a patient with Ageing.

- (b) Write nursing management of a patient with Hemorrhage.

(5+5=10)

Q.5. Write short notes on any 5 of the following: -

- | | |
|-------------------------------|---------------------------|
| (a) HIV/ AIDS | (b) Blood Transfusion |
| (c) Dengue fever | (d) Infective hepatitis |
| (e) Sexual health and hygiene | (f) Glaucoma and Cataract |

(5 x 5= 25)

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 2nd YEAR (SUPPLEMENTARY) JULY 2025

SUBJECT : MENTAL HEALTH NURSING

TIME : 3 HRS.

M.M. : 75

Attempt all the questions in serial order :

Q.1 Define any 5 of the following terms :

- | | |
|--------------|----------------|
| (a) Suicide | (b) Depression |
| (c) Hysteria | (d) Alcoholism |
| (e) Stigma | (f) Mania |

(2 x 5 = 10)

Q.2 (a) Define Mental Health Nursing.

(b) Write principles and functions of Mental Health Nursing.

(c) Write members of mental health team and misconceptions related to mental illness and nurses' role in detail.

(2+5+8 = 15)

Q.3 (a) Define Substance abuse.

(b) Write causes and signs and symptoms of substance abuse.

(c) Write in detail effects of substance abuse on body and management with nurse's role in its management.

(2+5+8 = 15)

Q.4 (a) Define communication. Write types and elements of communication.

(b) Write factors influencing good communication and barriers of communication.

(5+5=10)

Q.5 Write short notes on any 5 of the following :-

- | | |
|---|------------------------------------|
| (a) Psychiatric emergencies | (b) Qualities of psychiatric nurse |
| (c) Behavior and group therapy and role of nurse | |
| (d) Role of nurse in National Mental Health Programme | |
| (e) ECT | |
| (f) Anxiety | |

(5 x 5=25)

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 3RD YEAR (SUPPLEMENTARY) JULY 2025

SUBJECT: COMMUNITY HEALTH NURSING-II

TIME : 3 HRS.

M.M. :75

Attempt all the questions in serial order:

Q.1 Define any 5 of the following terms: -

- | | |
|-----------------------|------------------|
| (a) Active immunity | (b) Endemic |
| (c) STDs | (d) Health team |
| (e) Geriatric nursing | (f) Epidemiology |

(2x5 = 10)

Q.2 (a) What is a Health agency?

(b) Name some National and International Health agencies.

(c) Write in detail role of these agencies in providing healthcare to community.

(2+5+8 = 15)

Q.3 (a) What do you mean by Health indicators?

(b) Write classification of Health indicators.

(c) Write in detail all mortality indicators and their use in providing Health services.

(2+5+8 = 15)

Q.4 (a) Define Hepatitis.

(b) Write types and signs and symptoms of hepatitis.

(c) Write in detail about diagnosis, treatment vaccines given for hepatitis and nurse's role in it.

(2+5+8 = 15)

Q.5 Write short notes on any 5 of the following:

- | | |
|---|---------------------------|
| (a) Air pollution | |
| (b) Nurses' role in Health care services in community | |
| (c) Immunization schedule | (d) Family Planning |
| (e) Records and Reports | (f) Pulse Polio programme |

(4 x 5=20)

PUNJAB NURSES REGISTRATION COUNCIL

EXAMINATION GNM 3RD YEAR-(SUPPLEMENTARY) JULY 2025

SUBJECT : MIDWIFERY AND GYNECOLOGICAL NURSING

TIME : 3 HRS.

M.M. : 75

Attempt all the questions in serial order :

Q.1 Define any five terms :

- | | | |
|------------|--------------|-------------|
| a) Puberty | b) Lie | c) Tumor |
| d) Suture | e) Fertility | f) Placenta |

(5 x 2=10)

Q2. a) Define Twin Pregnancy.

b) Write signs, symptoms, causes and diagnosis of Twin Pregnancy.

c) Write types of twins and nurses' responsibility in twin pregnancy.

(2+5+8=15)

Q3. a) Define Infertility.

b) Write causes of Infertility both in Males & Females.

c) Write Management of Infertility & Nurses role in artificial reproductive techniques.

(2+5+8=15)

Q4. a) Define Post natal period and write changes occurring in body of Mother during Post natal Period.

b) What health education you will give to mothers for herself and baby during Post natal period ?

(5 + 5=10)

Q5. Write short notes on any five of the following :

- | | |
|--------------------------|------------------------|
| a) Premenstrual Syndrome | b) High Risk Pregnancy |
| c) Antenatal Care | d) Teenage pregnancy |
| e) Breast Engorgement | f) Prolonged Labour |

(5 x5 = 25)